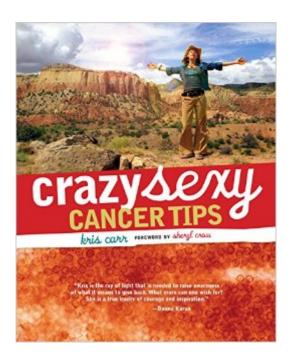
The book was found

Crazy Sexy Cancer Tips





Synopsis

Actress and photographer Kris Carr thought she had a hangover, but a Jivamukti yoga class didnâ ™t provide its usual kick-ass cure. A visit to her doctor confirmed her â œliver looked like Swiss cheese,â • covered with cancerous tumors. She entered trench warfare (wearing cowboy boots into the MRI machine, no less), vowing, â œCancer needed a makeover and I was just the gal to do itlâ • She began writing and filming her journey, documenting her interactions with friends, doctors, alternative â œquacks,â • blind dates, and other women with cancerâ "sadly a growing group. CRAZY SEXY CANCER TIPS gathers the lessons learned and advice offered from Carrâ ™s own journey, as well as the experiences of her cancer posse. Full-color photos accompany personal stories and candid revelations in this scrapbook of advice, warnings, and resources for the cancer patient. Chapters cover your changing social life, dating, sex, and appearance; essential health tips on how to boost your immune system; recipes; medical and holistic resources; and information on young survivor support groups. The resulting book is a warm, yet informative tool for any woman newly diagnosed with the disease and for those who love them.Â

Book Information

Paperback: 208 pages

Publisher: Skirt!; 1st edition (August 1, 2007)

Language: English

ISBN-10: 1599212315

ISBN-13: 978-1599212319

Product Dimensions: 7.5 x 0.5 x 9.2 inches

Shipping Weight: 1.3 pounds (View shipping rates and policies)

Average Customer Review: 4.4 out of 5 stars Â See all reviews (167 customer reviews)

Best Sellers Rank: #17,578 in Books (See Top 100 in Books) #18 in Books > Health, Fitness &

Dieting > Mental Health > Dementia #40 in Books > Health, Fitness & Dieting > Diseases &

Physical Ailments > Cancer #76 in Books > Health, Fitness & Dieting > Women's Health >

General

Customer Reviews

As a cancer survivor, I wanted to like this book. I love the idea of a "hip" survival/inspirational guide for women. I am so glad that Kris Carr has dealt so well with a devastating diagnosis. This points to a true strength of spirit. I think the author's heart is in the right place, but something went wrong

here. I didn't find this book hip, or funny. It struck a bad chord for me. When I had cancer I too was 31. I didn't go through a decision-making process about whether to tell my esthetician about my illness. I wasn't worried about getting my bikini area waxed. I didn't go on a "cancervation" with my "posse", because I was working to pay my bills and keep my health insurance. I didn't attend retreats and trainings and buy hundreds of dollars of goods from Whole Foods on shopping trips and make a documentary about myself. People deal with trauma and heal in different ways, and spending freely seems to have been beneficial to Kriss Carr's personal journey. Each woman featured in this book talks about her height and weight, and Kris Carr makes numerous references to her own weight and desire to weigh less. It seems the opposite of "empowering", and perhaps a bit disingenuous, for a woman who looks (at least in her photos) radiantly healthy, beautiful, stylish, and very thin to keep making references to desire for weighing less. I'd find it inspirational to hear things along the lines of "I used to worry about my weight before cancer, but since I've changed my diet and lifestyle, my body has changed and I'm very happy with it, I feel very comfortable in my own skin now" (or something like that). When I had cancer, I was more concerned with getting well than stepping on the scale.

Download to continue reading...

Cancer: Cancer Cure: Natural Cancer Cures And Chemo Alternatives (Cancer, Cancer Cure, Cancer Diet, Coping With Cancer, Cancer Books, Breast Cancer, Lung Cancer, Cancer Prevention, Colon Cancer) Cancer: Coping With Cancer: Controlling and Understanding Emotions of Cancer (Cancer, Cancer Books, Breast Cancer, Colon Cancer, Lung Cancer, Cancer Diet, Preventing Cancer, Cancer Prevention, Cancer Cure) Cancer: Cancer Prevention: Killing Cancer By Preventing It. Instantly Prevent Cancer (Cancer, Cancer Prevention, Cancer Cure, Coping With Cancer, Cancer Books, Breast ... Cancer, Leukemia, Colon Cancer, Skin Cancer) Cancer: Coping With Cancer: How To Cope When A Loved One Has Cancer Without Any Grieving (Cancer, Coping With Cancer, Cancer Books, Breast Cancer, Colon Cancer, Lung ... Cure, Prostate Cancer, Cancer Prevention) Outsmart Cancer: The Proven Cure For Beating Cancer With Healthy Nutrition And Vitamin B17 (Cancer, Cancer Cure, Cancer Diet, Coping With Cancer, Cancer Books, Breast Cancer, Lung Cancer, Cancer Prevention) Anti-Cancer Diet: An Ultimate Guide to Reverse and Prevent Cancer Naturally! (anti-cancer diet, anti-cancer cookbook, anti-cancer diet recipes, reverse cancer, prevent cancer) Breast Cancer Prevention and Recovery: The Ultimate Guide to Healing, Recovery and Growth: prostate cancer, bone cancer, brain cancer, breast cancer, colorectal, ... cancer killers, cancer is not a disease,) The Breast Cancer Patient's Survival Guide: Amazing Medical Strategies for Winning: A Natural Guide to Treatment of Cancer, Breast Cancer, Cancer

and Nutrition, Beating Cancer and Fighting Cancer Crazy Sexy Cancer Tips Cancer Fighting
Kitchen: Essential Cancer Fighting Foods to Heal Cancer and Cancer Fighting Recipes Program
120 Female Handbook A: Guide to Prevent Heart Attack, Stroke, Cancer, Ovarian Cancer, Lung
Cancer, Diabetes, Dementia, Colon Cancer, Pneumonia, ... Medicine Patient Handbooks for
Females) Program 120 Male Handbook A: Guide to Prevent Heart Attack, Stroke, Cancer, Prostate
Cancer, Colon Cancer, Lung Cancer, Diabetes, Osteoporosis, Dementia, ... Medicine Patient
Handbook for Males) Colon Cancer - A Cancer Prevention and Cancer Cure Guide to
Understanding the Facts of Colon Cancer for Treatment, Diet, and Nutrition Brain Cancer Treatment
- How to Beat Brain Cancer And Get Your Life Back (Brain Cancer, Tumor, Brain Cancer Treatment,
Natural Treatment) Sinner's Paradise (Sexy BWWM Romantic Suspense) (Tate Valley Sexy
Suspense Series Book 3) Now or Never (Sexy BWWM Romantic Suspense) (Tate Valley Sexy
Suspense Series Book 1) Chasing Forever (Sexy BWWM Romantic Suspense) (Tate Valley Sexy
Suspense Series Book 2) Crazy Sexy Kitchen: 150 Plant-Empowered Recipes to Ignite a
Mouthwatering Revolution Crazy Sexy Love Notes: A 52-Card Deck Stone Crazy (A Crazy Little
Series)

<u>Dmca</u>